

READ ME FIRST!

I need to grow **UP** and believe I can trust God, no matter what.

Read Luke 3:21-23.

Why did Jesus want to be baptized? In the book of Matthew, Jesus tells John it's because He wants to carry out **God's holy plan**. God must've prompted Jesus to be baptized, because when Jesus came up out of the water, God spoke out loud and said **He was very pleased**. Jesus trusted and obeyed God.



ACTIVITY:

Interview friends, family members or anyone else you know who has been baptized. Ask why they were baptized and what their experience was like. Record the interview or write notes **here**:

You could also use another sheet of paper or put it in your **Family Yearbook!** **Thank God** for putting people around you who know and trust Him.

READ ME NEXT!

Day **1**

Read Proverbs 3:5-6.

Lots of people say they **believe in God**. But it's another thing altogether to **ACT** on your trust in Him. Look around. It's not difficult to imagine that someone very powerful, with lots of knowledge, made this place, the universe, the ocean. **(Romans 1:20 even says it's obvious!)** But it's hard for us humans to stop trying to control everything by ourselves.

ACTIVITY: Go in your living room, **close your eyes**, and fall back on a soft couch. Or ask a few friends to catch you as you close your eyes and **fall backwards**. It wasn't enough to just believe the couch existed or that the people behind you cared about you. **You had to trust that they were reliable.** (Hopefully your trust was rewarded with a soft landing!)



ASK God to help you believe that He's in control and cares about you.



READ ME NEXT!

Day 2

Read Isaiah 50:10.

Think about a time when you were **scared** and it was **dark**. How did you react? What did your body do? The Bible says that there are times that we feel like it's dark because we feel alone or we don't know what to do next. **That can be really overwhelming!** In these moments we have to make a choice to **trust God**, even if we can't see or feel Him.

ACTIVITY:

Complete this **rebus puzzle** to help you know what to do when you're facing with a big challenge like that:



Ask God to show you a situation **right now** where you can trust Him to guide you.

READ ME LAST!

Day 3

Read Romans 6:4-5.

One of the things people have done for a long time to show that they trust in Jesus is to get **baptized**. Ask someone to help you read **Romans 6:4-5** again in the Message version of the Bible. You can use **biblegateway.com** if you don't have one at home. Try imagining the scene. Fast forward to today—how are people baptized at your church? Who could you ask if you don't know?

ACTIVITY:

Family Yearbook

Draw a picture of Jesus being baptized, or collect pictures of family members or friends who have been baptized. Include your interviews from Day 1 and think about what all this has to do with trusting and believing in God. Ask the rest of your family to do this with you, and save their responses in your book.

PRAY with your family that, together, you will all learn to trust in God.

* Answer to rebus: "I WILL TRUST IN GOD."



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